

DISCOVER



UCLA LAKE ARROWHEAD
LODGE

ARROWHEAD ADVENTURES

Elevated team-building activities with mountain air and people who care

Unforgettable Experiences Await Your Team!

ARROWHEAD ADVENTURES

The UCLA Lake Arrowhead Lodge proudly serves groups from all over the world, with all types of attendees, objectives and agendas. We've learned that the key to creating and maintaining a successful business, operation or team lies in strengthening the connections between people. As a result, we've created *Arrowhead Adventures — Team Building & More!*

These facilitator-led fun and stimulating activities are suitable for all ages and abilities and promote problem solving, teamwork and individual commitment.

Each activity is an optional "add-on" to enhance your group's conference experience. Our conference coordinators work with you to design a program specific to the goals of your conference, or you can select from our

list of various activities to customize your experience. *Prices vary according to program and group size.*

For more information about current rates and availability for *Arrowhead Adventures*, please contact us at (909) 337-2478, or email us at UCLALakeArrowhead@ha.ucla.edu or visit us at lakearrowheadlodge.com.





S'mores by the Campfire



Hiking



Mountain Biking

Explore the Great Outdoors

HIKING

We offer guided tours for all levels of hikers, from a family trail to a more rigorous advanced trail. Our Guest Experience Manager will work with you to select the appropriate trail option. *Allow for a minimum of two hours for hike and transportation to and from the trail. Minimum of eight hikers paid for to book, van transportation is provided for up to 14.*

VENUES

Spend an evening roasting marshmallows together around a crackling fire. **Frontier Village** has rustic ambiance and bench-style seating. **Grey Oak Campground** has bench-style seating and a deck that is ideal for a bar set-up or larger social event. These private campfires are a 10–15-minute walk from our Main Lodge. *Reservations can be booked from 8–10pm for all group sizes. Includes: staff attendant, hot cocoa, water, napkins and marshmallow roasting skewers. You can bring your own s'mores, or have them provided. Please note that the pathway to these includes a steep incline and the final section is an unpaved forest trail.*

KAYAKING

Available seasonally, we have enough kayaks to accommodate 12 guests for a 90-minute tour led by our guides. *Minimum of four people, maximum of 12 per tour.*

MOUNTAIN BIKING

A great way to have fun together while exploring the local forest. Choose one of two trails:

The Beginner Trail is relatively flat and weaves guests out into the national forest on a tour which, though not technical or very physically challenging, provides a good workout and overall experience.

The Advanced Trail is for riders with experience who will enjoy a single-track trail through meadows and steep hills (both up and down). Both trails leave straight from the property so no vehicle transportation is required.

Minimum of six people to book a tour, maximum of 17 per tour. Tours last approximately two to three hours, dependent upon skill level of riders. Bikes, helmets and guides are included.

Mind Over Matter & Let's Get Moving

PROFESSIONAL TEAM BUILDING PROGRAM

Tailor-made by our team building facilitators, these activities incorporate cooperation, decision-making and conflict resolution to achieve common objectives in an environment that encourages risk-taking and change.

By combining physical challenges, creative thinking and problem solving, participants are motivated to use their talents to achieve the greatest results both individually and as a team, reinforcing that trust and communication are keys to success.

Minimum of 12 people paid to book, must be booked 30 days in advance.

Note: This team-building program is available in two different timeframe options:

Full Day: 9 a.m.–5 p.m. with lunch break from 12–1 p.m.

Half Day: 9 a.m.–12 p.m. or 1–4 p.m.

SCAVENGER HUNT

This on-property hunt is a great way to laugh together while solving clues and racing against the clock. Each clue leads groups to different locations on our property where, once arrived at, groups respond to team building prompts and trivia questions to move on; a wonderful way to explore our expansive property as a group.

RECREATIONAL ROPES COURSE

This course can be booked as part of the Professional Team Building Program or separately as an individual-based adventure. The challenge course is based on a “challenge-by-choice” philosophy, with all activities being voluntary as participants push their perceived limitations, earn a true thrill and make lasting memories — all while being belayed by trained professionals in technically-sound gear. *Minimum weight of participants is 70 pounds (must be able to fit in our harnesses).*

YOGA & FITNESS OFFERINGS

We bring in a local yoga, Zumba, or Pilates instructor and host each class on site. *Classes last one hour.*

TRIVIAL PURSUIT & WAVELENGTH CHALLENGE

Beginning with the classic competition of Trivial Pursuit and ending with a round of Wavelength (a fast-paced test of creative communication), your team is sure to head back to the office with hilarious memories from this fun and engaging team event. *50 participants (5 teams), ~90-120 minutes*

KARAOKE

Keen to discover the vocal talents of your friends and colleagues while dancing the night away? Let us set the stage for a lively evening of karaoke. *All Group Sizes 8pm–10pm*

SILENT DISCO

Dance to your own beat during this vibrant evening social event where participants wear LED-illuminated headphones with a variety of music stations available—leaving the room utterly silent, yet bursting with color and grooves. A unique way to end the day, don't miss out on booking this two-hour program.

Culinary, Art & Mindfulness Experiences

BRUIN CHEF CHALLENGE

Hosted by our executive chef, this is our version of TV's *Iron Chef*. Large groups are broken up into smaller teams, set up with their own cooking station and staple ingredients, and challenged to work together to create an entrée that will be judged based on ingenuity, taste and appearance, as well as teamwork. It is a very fun, upbeat way to work together as a team while forming lasting memories. *Minimum 12 people, maximum 45. This event lasts 75 minutes.*

MINDFULNESS COURSES

Our serene mountain environment is the ideal location to experience mental relaxation and rejuvenation under the guidance of a skilled mindfulness instructor. We offer both indoor and walking mindfulness, and our instructor can tailor the experience to fit specific themes. *Sessions last one hour.*

TRADITIONAL ART CLASS

Following the guidance of a skilled local artist, participants create their own mountain setting on a 11 x 14 inch gallery-wrapped canvas. All painting supplies are included in cost. *Minimum eight people, maximum 32 per class. This class lasts 90 minutes.*

WATERCOLOR IN THE WOODS

Learn beginner watercolor techniques while soaking up the beauty of our pristine mountain environment. This class begins with a short stroll up into the forested area of our property. *Minimum eight people, maximum 20 per class. Class lasts 90 minutes.*

CRAFT CHOCOLATE TASTING & EDUCATION

Get your tourist visas ready, because in this class you'll taste a selection of single-origin and inclusion chocolate bars highlighting the breadth of flavor possibilities inherent in cacao from around the world and made by some of the world's top craft chocolate makers. Led by an expert chocolate maker, this class also includes comprehensive education and nuances of the farm-to-bar process. *Minimum 10 people paid for to book, maximum 40 per class. This class lasts 90 minutes.*

CRAFT CHOCOLATE MAKING EXPERIENCE

In this chocolate making class, your group will create their very own bars of chocolate from scratch! Starting with single-origin ground cocoa nibs, sugar, and cocoa butter - over the course of two hours - you'll take the journey of refining these ingredients into molten chocolate, where you'll then hand temper the chocolate using a marble slab, cast your chocolate into bar molds, and wrap the bar. Additionally, farm-to-bar education is included in this class. *Minimum six people paid for to book, maximum 12 per class. This class lasts approximately two hours.*





Premium Activities for Large Groups

If your group has a budget between \$2,500 and \$5,000 or is larger than 60 people, we highly recommend booking one of the following programs. Each program is a great way for a group to “play” together while experiencing growth as a team.

Some of these options are also charity-based/community-benefiting programs that give your group an opportunity to help others — all while enjoying a great time together. Each event is emcee’d and led by trained facilitators.

The following options are available, and we would be happy to send you information and pricing for any of these events:

UCLA Michael-Can-Gelo: A charity-based event, teams construct sculptures in the shape of famous landmarks using canned goods that are then donated to charity. Fun and upbeat, this challenge is a meaningful way to get creative and laugh together through friendly competition.

UCLA Survivor Game Stations: A comedic and “grueling” series of survival challenges, this dynamic course will have everyone laughing while aspiring to be crowned the ultimate champion.

UCLA Beach Olympics: A great way to be outside, laughing and competing together! This mini-Olympic mock-up has teams working together in a wit-filled way to score the highest point and achieve the title of Champion. Events range from mental to physical challenges, and everyone can participate!

UCLA Built for Speed: Ever made and raced your own box car? Well, now’s the chance! Large groups divide up into smaller teams to construct and then put their creations to the test.



UCLA Amazing Race



Kayaking

UCLA Great Team Challenge and Bike Build:

Another charity-driven event, this interactive challenge has groups playing hilarious games together where the winners earn parts of children's bicycles. Once a team has won all their bicycle parts, they work together to build to completion a bicycle which will then be donated to a local charity. Exciting and fulfilling, this challenge is truly unforgettable!

UCLA Amazing Race: A dynamic and high-energy scavenger hunt, groups race around our property completing tasks and solving clues in a race against the clock.

UCLA Lights, Camera, Action! This is a terrific team-building program where your group divides up and gets to create, produce, and star in their own commercials stating why they think your customers choose to come to your company!

UCLA Game Show Extravaganza: This event is a high-energy, entertaining, and interactive game show that incorporates scoreboards, music, and sound effects just like a real TV show. Great for an evening social or mid-day breakout, this is an unforgettable team building program!



Professional Team Building



Ropes Course



Main Lodge

ABOUT

Nestled amidst pine-studded mountains and a historic sparkling lake, the renowned UCLA Lake Arrowhead Lodge accommodates groups of 10 to 200 guests. Our unique lakefront setting and crisp mountain air make it easy for your group to leave everyday distractions behind — getting focused and becoming inspired!

Take full advantage of our all-inclusive value-priced Complete Meeting Package (CMP), which includes overnight accommodations in our chalet-style rooms, meeting rooms with A/V setup, refreshment breaks, and three delicious chef-prepared meals per day.

Contact us or visit our website for more information!

BILLING FOR ACTIVITIES

All costs for Arrowhead Adventures activities are added to your total conference bill. Events must be booked at least 28 days prior to intended program date.

Dates are subject to select availability, so book early to secure your space.



UCLA LAKE ARROWHEAD
LODGE
CONFERENCE CENTER & FAMILY RESORT

CONTACT

Anna Turner
Guest Experience Manager
Lake Arrowhead Lodge
Office: (909) 336-7050
Fax: (909) 337-1030
aturner@ha.ucla.edu