DISCOVER

UCLA LAKE ARROWHEAD LODGE

ARROWHEAD ADVENTURES

Elevated team-building activities with mountain air and people who care
Unforgettable Experiences Await Your Team!

ARROWHEAD ADVENTURES

The UCLA Lake Arrowhead Lodge proudly serves groups from all over the world, with all types of attendees, objectives and agendas. We’ve learned that the key to creating and maintaining a successful business, operation or team lies in strengthening the connections between people. As a result, we’ve created Arrowhead Adventures — Team Building & More!

These facilitator-led fun and stimulating activities are suitable for all ages and abilities and promote problem solving, teamwork and individual commitment.

Each activity is an optional “add-on” to enhance your group’s conference experience. Our conference coordinators work with you to design a program specific to the goals of your conference, or you can select from our list of various activities to customize your experience. Prices vary according to program and group size.

For more information about current rates and availability for Arrowhead Adventures, please contact us at (909) 337-2478, or email us at UCLALakeArrowhead@ha.ucla.edu or visit us at lakearrowheadlodge.com.
Explore the Great Outdoors

**HIKING**
We offer guided tours for all levels of hikers, from a family trail to a more rigorous advanced trail. Our Arrowhead Adventures Coordinator will work with you to select the appropriate trail option. Allow for a minimum of two hours for hike and transportation to and from the trail. Minimum of eight hikers paid for to book, van transportation is provided for up to 14.

**CAMPFIRE FUN**
Spend an evening roasting marshmallows together around a crackling fire. **Frontier Village** has rustic ambiance and bench-style seating. **Grey Oak Campground** has bench-style seating and a deck that is ideal for a bar set-up or larger social event. These private campfires are a 10–15-minute walk from our Main Lodge. Reservations can be booked from 8–10pm for all group sizes. Includes: staff attendant, hot cocoa, water, napkins and marshmallow roasting skewers. You can bring your own s’mores, or have them provided. Please note that the pathway to Frontier Village includes a steep incline and the final section is an unpaved forest trail.

**KAYAKING**
Available seasonally, we have enough kayaks to accommodate 12 guests for a 90-minute tour led by our guides. **Minimum of four people, maximum of 12 per tour.**

**MOUNTAIN BIKING**
A great way to have fun together while exploring the local forest. Choose one of two trails:

**The Beginner Trail** is relatively flat and weaves guests out into the national forest on a tour which, though not technical or very physically challenging, provides a good workout and overall experience.

**The Advanced Trail** is for riders with experience who will enjoy a single-track trail through meadows and steep hills (both up and down). Both trails leave straight from the property so no vehicle transportation is required. Minimum of six people to book a tour, maximum of 17 per tour. Tours last approximately two to three hours, dependent upon skill level of riders. Bikes, helmets and guides are included.
Let’s Get Moving

**PROFESSIONAL TEAM BUILDING PROGRAM**

Tailor-made by our team building facilitators, these activities incorporate cooperation, decision-making and conflict resolution to achieve common objectives in an environment that encourages risk-taking and change.

By combining physical challenges, creative thinking and problem solving, participants are motivated to use their talents to achieve the greatest results both individually and as a team, reinforcing that trust and communication are keys to success.

*Minimum of 12 people paid to book, must be booked 30 days in advance.*

**Note:** This team-building program is available in two different timeframe options:

**Full Day:** 9 a.m. – 5 p.m. with lunch break from 12–1 p.m.

**Half Day:** 9 a.m. – 12 p.m. or 1–4 p.m.

**SCAVENGER HUNT**

This on-property hunt is a great way to laugh together while solving clues and racing against the clock. Each clue leads groups to different locations on our property where, once arrived at, groups respond to team building prompts and trivia questions to move on; a wonderful way to explore our expansive property as a group.

**RECREATIONAL ROPE COURSE**

This course can be booked as part of the Professional Team Building Program or separately as an individual-based adventure. The challenge course is based on a “challenge-by-choice” philosophy, with all activities being voluntary as participants push their perceived limitations, earn a true thrill and make lasting memories — all while being belayed by trained professionals in technically-sound gear. *Minimum weight of participants is 70 pounds (must be able to fit in our harnesses).*

**SILENT DISCO**

Dance to your own beat during this vibrant evening social event where participants wear LED-illuminated headphones with a variety of music stations available—leaving the room utterly silent, yet bursting with color and grooves. A unique way to end the day, don’t miss out on booking this two-hour program.

**YOGA & FITNESS OFFERINGS**

We bring in a local yoga, Zumba, or Pilates instructor and host each class on site. *Classes last one hour.*
BRUIN CHEF CHALLENGE

Hosted by our executive chef, this is our version of TV’s Iron Chef. Large groups are broken up into smaller teams, set up with their own cooking station and staple ingredients, and challenged to work together to create an entrée that will be judged based on ingenuity, taste and appearance, as well as teamwork. It is a very fun, upbeat way to work together as a team while forming lasting memories. Minimum 12 people, maximum 45. This event lasts 75 minutes.

TRADITIONAL ART CLASS

Following the guidance of a skilled local artist, participants create their own mountain setting on a 11 x 14 inch gallery-wrapped canvas. We provide a tantalizing dessert platter for this event. This event can be paired with wine, as well, with no corkage fee. All painting supplies and desserts included in cost. Minimum eight people, maximum 32 per class. This class lasts two hours.

MINDFULNESS COURSES

Our serene mountain environment is the ideal location to experience mental relaxation and rejuvenation under the guidance of a skilled mindfulness instructor. We offer both indoor and walking mindfulness, and our instructor can tailor the experience to fit specific themes. Sessions last one hour.

ABSTRACT ART

Guests create their own abstract painting on a gallery-wrapped 11 x 14 inch canvas. We provide a delectable dessert spread; many groups opt to add champagne or wine, with no corkage fee. Minimum eight people, maximum 32 per class. Class lasts two hours.
Premium Activities for Large Groups

If your group has a budget between $2,500 and $5,000 or is larger than 60 people, we highly recommend booking one of the following programs. Each program is a great way for a group to “play” together while experiencing growth as a team.

Some of these options are also charity-based/community-benefiting programs that give your group an opportunity to help others — all while enjoying a great time together. Each event is emcee’d and led by trained facilitators.

The following options are available, and we would be happy to send you information and pricing for any of these events:

**UCLA Michael-Can-Gelo:** A charity-based event, teams construct sculptures in the shape of famous landmarks using canned goods that are then donated to charity. Fun and upbeat, this challenge is a meaningful way to get creative and laugh together through friendly competition.

**UCLA Survivor Game Stations:** A comedic and “grueling” series of survival challenges, this dynamic course will have everyone laughing while aspiring to be crowned the ultimate champion.

**UCLA Built for Speed:** Ever made and raced your own box car? Well, now’s the chance! Large groups divide up into smaller teams to construct and then put their creations to the test.

**UCLA Beach Olympics:** A great way to be outside, laughing and competing together! This mini-Olympic mock-up has teams working together in a wit-filled way to score the highest point and achieve the title of Champion. Events range from mental to physical challenges, and everyone can participate!
**UCLA Great Team Challenge and Bike Build:** Another charity-driven event, this interactive challenge has groups playing hilarious games together where the winners earn parts of children’s bicycles. Once a team has won all their bicycle parts, they work together to build to completion a bicycle which will then be donated to a local charity. Exciting and fulfilling, this challenge is truly unforgettable!

**UCLA Amazing Race:** A dynamic and high-energy scavenger hunt, groups race around our property completing tasks and solving clues in a race against the clock.

**UCLA Lights, Camera, Action!** This is a terrific team-building program where your group divides up and gets to create, produce, and star in their own commercials stating why they think your customers choose to come to your company!

**UCLA Game Show Extravaganza:** This event is a high-energy, entertaining, and interactive game show that incorporates scoreboards, music, and sound effects just like a real TV show. Great for an evening social or mid-day breakout, this is an unforgettable team building program!
ABOUT

Nestled amidst pine-studded mountains and a historic sparkling lake, the renowned UCLA Lake Arrowhead Lodge accommodates groups of 10 to 200 guests. Our unique lakefront setting and crisp mountain air make it easy for your group to leave everyday distractions behind — getting focused and becoming inspired!

Take full advantage of our all-inclusive value-priced Complete Meeting Package (CMP), which includes overnight accommodations in our chalet-style rooms, meeting rooms with A/V setup, refreshment breaks, and three delicious chef-prepared meals per day. Contact us or visit our website for more information!

BILLING FOR ACTIVITIES

All costs for Arrowhead Adventures activities are added to your total conference bill. Events must be booked at least 28 days prior to intended program date. Dates are subject to select availability, so book early to secure your space.

CONTACT

Anna Stalzer
Arrowhead Adventures Coordinator
Lake Arrowhead Lodge
Office: (909) 336-7050 • Fax: (909) 337-1030
astalzer@ha.ucla.edu
## ARROWHEAD ADVENTURES RATE CARD

Each Arrowhead Adventures activity is an optional “add-on” to enhance your group’s conference experience. Your Conference Coordinator will work with you to tailor a program specific to the goals of your conference, or you can select from our list of various activities to customize your experience. Prices may vary according to program and group size. For more information about current rates and availability for Arrowhead Adventures, please contact us at (909) 337-2478, or feel free to email our Arrowhead Adventures Coordinator at astalzer@ha.ucla.edu.

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>NUMBER OF PARTICIPANTS</th>
<th>TIME TO COMPLETE</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hiking – Beginner</td>
<td>Minimum 8 / Maximum 14</td>
<td>120 minutes</td>
<td>$30 per person</td>
</tr>
<tr>
<td>Hiking – Advanced</td>
<td>Minimum 8 / Maximum 14</td>
<td>180 minutes</td>
<td>$30 per person</td>
</tr>
<tr>
<td>Mountain Biking – Beginner</td>
<td>Minimum 6 / Maximum 15</td>
<td>120–180 minutes</td>
<td>$35 per person</td>
</tr>
<tr>
<td>Mountain Biking – Advanced</td>
<td>Minimum 6 / Maximum 15</td>
<td>120–180 minutes</td>
<td>$35 per person</td>
</tr>
<tr>
<td>Kayaking</td>
<td>Minimum 4 / Maximum 12</td>
<td>90 minutes</td>
<td>$35 per person</td>
</tr>
<tr>
<td>Professional Team Building Program</td>
<td>Minimum 12</td>
<td>Half day or Full day</td>
<td>$300 flat fee + $75 per person half day or $95 per person full day</td>
</tr>
<tr>
<td>Scavenger Hunt</td>
<td>Maximum 65</td>
<td>90 minutes</td>
<td>$600 flat fee</td>
</tr>
<tr>
<td>Guided Mindfulness</td>
<td>All group sizes</td>
<td>60 minutes</td>
<td>$250 flat fee</td>
</tr>
<tr>
<td>Walking Mindfulness</td>
<td>Maximum 20</td>
<td>60 minutes</td>
<td>$250 flat fee</td>
</tr>
<tr>
<td>Bruin Chef Challenge</td>
<td>Minimum 12 / Maximum 45</td>
<td>75 minutes</td>
<td>$70 per person</td>
</tr>
<tr>
<td>Traditional Art Class</td>
<td>Minimum 8 / Maximum 32</td>
<td>120 minutes</td>
<td>$40 per person</td>
</tr>
<tr>
<td>Abstract Art Experience</td>
<td>Minimum 8 / Maximum 32</td>
<td>120 minutes</td>
<td>$40 per person</td>
</tr>
<tr>
<td>Recreational Ropes Course</td>
<td>Maximum 50</td>
<td>180 minutes</td>
<td>$300 flat fee + $75 per person</td>
</tr>
<tr>
<td>Yoga/Pilates</td>
<td>All group sizes</td>
<td>60 minutes</td>
<td>$150 flat fee</td>
</tr>
<tr>
<td>Silent Disco</td>
<td>Maximum 120</td>
<td>120 minutes</td>
<td>$1,000 flat fee</td>
</tr>
<tr>
<td>Frontier Village and/or Grey Oak Campground</td>
<td>All group sizes</td>
<td>8–10pm Reservations required</td>
<td>$550 flat fee; includes: staff attendant, hot cocoa, water, napkins, marshmallow roasting skewers. Option to bring your own s’mores, or can be provided for an additional $5.50 per person.</td>
</tr>
</tbody>
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### PREMIUM ACTIVITIES FOR LARGE GROUPS

If your group has a budget between $2,500 and $5,000 or is larger than 60 persons, we highly recommend booking one of the following programs. Each program is a great way for a group to “play” together while experiencing growth as a team. Each event is emcee’d and led by trained facilitators.

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- UCLA Lights, Camera, Action!
- UCLA Built for Speed
- UCLA Survivor Game Stations
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